Lessons are $40.00 per swimmer, per session.

Lessons are booked first come, first serve with a max. of 10 swimmers (min. 3) per session.

***\*In person registration on May 13th, from 4-7 pm at the Sumner Family Aquatic Center (1020 Pleasant St).\****

\*\*All registration forms must be turned in at City Hall, Public Works Office

 or via email (sumnerparkandrec@gmail.com). See deadlines in green below.

\*\*\*Daily lessons are subject to cancellation at any time due to weather or safety incidents\*\*\*

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| **Learn 2 Swim Levels** | **Level Descriptions**Age Recommendations(Previous Red Cross Swim Lesson Levels) | **Skill Development**(Parent Expectations) | **Session Schedule**Session 1: June 2-6 (register by 5/26)Session 2: June 9-13 (register by 6/2)Session 3: June 16-20 (register by 6/9)Session 4: June 23-27 (register by 6/16) |
| BARNACLES | Swim Starters(Water acclimation)Ages: 6 months-3 years(Level Parent-Tot) | - Water Discovery- Water Exploration(Parent MUST be in water with child) | Session 1: 5-6pm Session 3: 5-6pm |
| SHRIMPS  | Swim Starters(Swim readiness skills)Ages: 3-5 years(Level Preschool) | - Water Discovery- Water Exploration(For children swimming WITHOUT parental assistance) | Session 1: 9-10amSession 2: 10-11amSession 3: 9-10am, 5-6pmSession 4: 10-11am, 5-6pm  |
| TADPOLES | Swim Basics(Beginning of true swim lessons) Ages: 5+ years(Level 1) | - Water Exploration- Water Acclimation- Water Movement | Session 1: 10-11am, 5-6pmSession 2: 9-10am, 5-6pmSession 3: 10-11amSession 4: 9-10am |
| GUPPIES | Continued Swim BasicsPrerequisites: Completed Tadpoles(Level 2) | - Water Movement- Water Stamina | Session 1: 9-10amSession 2: 10-11am, 5-6pmSession 3: 9-10amSession 4: 10-11am |
| SQUID | Swim Stroke IntroductionPrerequisites: Completed Guppies(Level 3) | - Water Movement- Water Stamina | Session 2: 9-10amSession 3: 10-11amSession 4: 9-10am, 5-6pm |
| MARLINS | Swim Stroke DevelopmentPrerequisites: Completed Squids(Level 4) | - Water Stamina- Stroke Development | Session 2: 10-11amSession 3: 9-10am |
| DOLPHINS | Swim Stroke RefinementPrerequisites: Completed Marlins(Level 5) | - Stroke Refinement- Healthy Swim Lifestyle  | Session 3: 10-11amSession 4: 9-10am |
| SHARKS(Swim Team)  | Swimming Competition Prerequisites: Completed DolphinsAges: 5-18 years (Level 6)Contact Taunya Robertson if interested319-240-7201 | - Stroke Fundamentals - Competitive Swimming- Team Environment | Daily Practice:  |